

# Alpine Skiing &



# Snowboarding

## **Mount Itasca Ski Area 218-245-3487**

**200 Mt. Itasca Drive, Coleraine, MN 55722**

2006 marked the 100th anniversary of Mount Itasca. Mount Itasca offers state of the art grooming and snowmaking capabilities, and recently updated rental and proshop featuring new ski and snowboard rental. The facility offers a unique combination of ski jumping, alpine skiing, biathlon, cross-country skiing and snowboarding in one location. Located five miles east of Grand Rapids in neighboring Coleraine.

## **Ole Mangseth Ski Jump 218-245-3487**

**200 Mt. Itasca Drive, Coleraine, MN 55722**

[www.mnsports.org/ole\\_mangseth.html](http://www.mnsports.org/ole_mangseth.html)

Operated by the Itasca Ski and Outing Club and the Greenway Joint Recreation Association, Ole Mangseth Ski Jump offers a 70-meter ski jump, alpine ski area, and Nordic ski trails. Athletes from throughout the U.S. have trained and attended major events in Coleraine including U.S. Olympic jumpers, the U.S. National Ski Jump Team and the Nordic Combined Development Team.

## **Other Ski Resorts in Northern Minnesota:**

### **Giants Ridge**

**800-688-7669**

**6325 Wynne Creek Drive, Biwabik, MN 55708**

[www.giantsridge.com/mountain/alpine/](http://www.giantsridge.com/mountain/alpine/)

Giants Ridge offers a combination of alpine skiing, cross-country skiing, snowshoeing, and a snowboarding/terrain park. Challenging alpine ski runs and state-of-the-art snowmaking systems make Giants Ridge the "Number One Ski Resort in Minnesota" according to SKI magazine. Sixty kilometers of scenic well-groomed cross-country ski trails weave through the Superior National Forest offering a variety of challenges for beginners through accomplished skiers.

### **Lutsen Mountains**

**218-663-7281**

**P.O. Box 129, Lutsen, MN 55612**

[www.lutsen.com/winter/index.cfm](http://www.lutsen.com/winter/index.cfm)

Lutsen Mountains offers 90 sweeping runs over four mountains with a ski area of 1,000 acres and runs as long as two miles. Lutsen provides nine lift facilities including the only gondola in the Midwest, providing a capacity of 10,000 riders per hour. At Lutsen Mountains Nordic Center, you can experience "Norpine," a combination of alpine and Nordic skiing utilizing the uphill capacity of alpine ski lifts to access 27 kilometers of Nordic ski trails. Or, test out your skills at dog sledding and snowshoeing- Lutsen provides opportunities to experience both activities.

### **Spirit Mountain**

**218-628-2891**

**800-642-6377**

**9500 Spirit Mountain Place, Duluth, MN 55810**

[www.spiritmt.com](http://www.spiritmt.com)

Spirit Mountain's assets include 22 downhill runs, the Midwest's largest Terrain Park, and 22 km of cross-country ski trails-double tracked with skating lanes and groomed daily. Enjoy spectacular views of Lake Superior as you make your way down the slopes or while riding one of its seven lifts including a high-speed quad. Group and private skiing and snowboarding lessons are available.