

Itasca County Bike Trails

Bass Lake County Park

www.co.itasca.mn.us/Parks/parks.htm

Located off of Minnesota State Aid Hwy 1, eleven miles east of Effie or eleven miles west of Togo, Minnesota.

Bass Lake Park is interlaced with many trails within its 663-acre boundary. Most trails are open to hikers, bikers, and equestrian use.

Chippewa National Forest

218-246-2123

1037 Division St., Deer River, MN 56636

www.fs.fed.us/r9/forests/chippewa/recreation/biking/

The Chippewa National Forest is home to nine different Itasca County trail systems that include 41 miles of paved and over 43 miles of unpaved trails on the east side between Deer River and Marcell.

Cut Foot Sioux Trail

218-246-2123

1037 Division St., Deer River, MN 56636

www.fs.fed.us/r9/forests/chippewa/recreation/biking/

18 mile loop trail along Cut Foot Sioux Lake to Farley Tower. Moderate to difficult level trails. Located 19 mi N of Deer River on Hwy 46. Trail follows the Continental Divide and connects with Simpson Creek Trail, a 13 mile trail system through large red pines on a peninsula on Lake Winnibigoshish.

Itasca Trail

Itasca County Fairgrounds, Grand Rapids, MN

www.co.itasca.mn.us/Parks/bkie_trails.htm

The Itasca Bike Trail is a 7-mile trail that branches off from the Mesabi Trail in Grand Rapids and goes north to Gunn Park on Scenic Hwy 38. This is a multiple-use trail that includes hiking, bicycling, and in-line skating. The trail provides safe and healthy recreational opportunities for local residents and visitors.

Mesabi Trail

218-254-0086

Itasca County Fairgrounds, Grand Rapids, MN

877-637-2241

www.mesabitrail.com

97 miles of trail. The Mesabi trail is one of Minnesota's newest trails, and once completed, it will be one of the longest paved trails in the United States, connecting Grand Rapids to Ely. The trail will traverse 132 miles and connect more than 25 communities. A wheel pass is required for persons age 18 years and older using a bicycle, inline skates or other non-motorized device. (See Appendix A for map of trail.)

Mesabi Chapter of Minnesota Off Road Cyclists Public Mountain Biking Trails

Located off of the Legion Ski Trails by the Grand Rapids High School, 800 Conifer Drive, Grand Rapids, MN

For trail conditions check out: <http://www.morcmtb.org/forums/showthread.php?t=28481>

Quadna Mountain & Golf

218-697-2880

400 Quadna Road, Hill City, MN 55748

800-422-6649

www.quadna-resort.com/activities.html

18 mile trail. Located from Grand Rapids 12 miles south on MN Hwy 169. Trail runs through 1400 acres of hills, maple forest, and golf course on the shores of Hill Lake. Maps along trail.

Simpson Creek Recreation

218-246-8701

1037 Division St., Deer River, MN 56636

www.northwoodsminnesota.com/biking.htm

13 mile trail. Mostly intermediate level trails. Located from Deer River 18 miles NW on Hwy 46 to Cut Foot Sioux Visitor Center at the Junction of Hwy 46. Access also from Eagle Nest Resort. Trail runs through forest of old growth pines with many lakes, all in non-motorized area. Maps along trail. (See Appendix K)

Suomi Hills Ski Trail

218-832-3161

49554 State Hwy 38, Marcell, MN 56657

www.fs.fed.us/r9/forests/chippewa/recreation/biking/

21 mile trail. Located about 9 miles South of Marcell (or 14 miles North of Grand Rapids) off Hwy 38, along the "Edge of the Wilderness" National Scenic Byway. Trail runs through rolling hills and lakes, with maple, basswood, and aspen forest. Maps along trail. (See Appendix K)

Tioga Beach Trail

218-328-6225

Located along Cty Rd 63 Cohasset, MN

2 mile trail. Beginner level trail. Located along Cty Rd 63 of Cohasset. Parking is available at Tioga Beach which is located on the Tioga Beach Road off of Cty Rd 63.

Trout Lake, Joyce Estates

218-246-2123

www.northwoodsminnesota.com/biking.htm

11 mile trail. Beginner to intermediate trails. Located 12 miles North on Hwy 38. Go East on Cty Rd 60 for 2 miles, then North on Cty Rd 335 for 2 miles. (See Appendix G for map of trail.)